

Structure of Registered Seniors on Congregate Meals Program 2011

ໂຄງປະກອບສ້າງຜູ້ສູງອາຍຸທີ່ເຂົ້າຮ່ວມໃນໂຄງການຮັບປະທານອາຫານ

ສັບປັນພາສາລາວ (ຫນ້າ 1-3) | English Version (page 4-7)

Count Table 1

		Status			Total
		senior	spouse	disabled under 60 years old	
Age	<60	3	4	1	8
	61-65 years old	37	1	0	38
	66-70 years old	22	0	0	22
	71-75 years old	9	0	0	9
	76-80 years old	7	0	0	7
	81-85 years old	4	0	0	4
	86-90 years old	1	0	0	1
Total		83	5	1	89

Count Table 2

		My monthly income		Total
		under \$903	<1212	
Age	<60	3	5	8
	61-65 years old	34	4	38
	66-70 years old	20	2	22
	71-75 years old	9	0	9
	76-80 years old	7	0	7
	81-85 years old	4	0	4
	86-90 years old	1	0	1
Total		78	11	89

Count Table 3

		My monthly income		Total
		under \$903	<1212	
Age	<60	3	5	8
	61-65 years old	34	4	38
	66-70 years old	20	2	22
	71-75 years old	9	0	9
	76-80 years old	7	0	7
	81-85 years old	4	0	4
	86-90 years old	1	0	1
Total		78	11	89

ສັບປັນພາສາລາວ

ເລີ່ມຕົ້ນປີ 2011 ຜູ້ສູງອາຍຸໄດ້ເຂົ້າປະກອບສ່ວນ ຂຶ້ນທະບຽນຮ່ວມຮັບປະທານອາຫານ ມາຮອດປະຈຸບັນເປັນຈຳນວນ 89 ຄົນ ຊຶ່ງສ່ວນຫຼວງຫຼາຍເປັນຜູ້ມີຮາຍໄດ້ນ້ອຍ- ຕໍ່າກ່ວາ \$903 ຕໍ່ເດືອນ (ສຳລັບຜູ້ຢູ່ຜູ້ດຽວ) ແລະ \$1,212 ຕໍ່ເດືອນ (ສຳລັບຜູ້ຢູ່ກັບຄອບຄົວ)(Table 2; Table 3)

ຜູ້ສູງອາຍຸທີ່ເຂົ້າປະກອບສ່ວນ ສ່ວນຫຼວງຫຼາຍເປັນຜູ້ຍິງ ຊຶ່ງມີຈຳນວນຫຼາຍກ່ວາຜູ້ຊາຍເກືອບຫນຶ່ງເທົ່າຕົວ 60.7% ແລະ 39.3% (Table 4) ມີອາຍຸແຕ່ 61-65 ປີ ຮອງລົງມາ ມີອາຍຸແຕ່ 66-70 ປີ ແລະ 71-75 ປີ - 38 ຄົນ, 22 ຄົນ ແລະ 9 ຄົນ ຫຼື 42.7%; 24.7% ແລະ 10.1% ຕາມລຳດັບ (Table 1, Table 2) ແລະອາໄສຢູ່ໃນເຂດ Hennepin County ກະຈາຍໄປຕາມຕົວເມືອງຕ່າງໆ ຊຶ່ງ ຫ່າງໄກຈາກສະຖານທີ່ບໍລິການ-ຫ້ອງການຂອງ ລາວ-ອາເມຣິກາ ປະມານ 15 ຫາ 20 miles , ຫຼາຍກ່ວາໜຸ່ງ ແມ່ນຢູ່ໃນ ຕົວເມືອງ Minneapolis- 47 ຄົນ (52.8%) ຮອງລົງມາ ເມືອງ Brooklyn Park- 18 ຄົນ (20.2%) ແລະ Brooklyn Center- 5 ຄົນ (5.6%) ຕາມລຳດັບ (Table 6).

Count Table 4

		Status			Total
		senior	spouse	disabled under 60 years old	
Gender	male	34	0	1	35
	female	49	5	0	54
Total		83	5	1	89

ຈາກຕົວຢ່າງປະຕິບັດການແບບ " ສຳຮວດເຮັດແບບສອບຖາມ " ຂອງຜູ້ສູງອາຍຸຈຳນວນ 89 ຄົນ ທີ່ໄດ້ຂຶ້ນທະບຽນໃນເບື້ອງຕົ້ນ ເຂົ້າ ໃນໂຄງການຮັບປະທານອາຫານທ່ຽງ

Count Table 5

		Gender		Total
		male	female	
Age	<60	2	6	8
	61-65 years old	11	27	38
	66-70 years old	13	9	22
	71-75 years old	5	4	9
	76-80 years old	2	5	7
	81-85 years old	2	2	4
	86-90 years old	0	1	1
Total		35	54	89

Table 6

Count	City living																Total
	Apple Valley	Brookdale	Brooklyn Center	Brooklyn Park	Burnsville	Carver	Coon Rapids	Crystal	Eagan	Farmington	Hopkins	Lakeville	Minneapolis	New Hope	Saint Paul	Golden Valley	
Age <60	0	0	0	2	0	0	0	0	0	0	0	1	5	0	0	0	8
61-65 years old	0	1	2	7	1	0	1	1	0	1	0	0	20	2	1	1	38
66-70 years old	1	0	2	2	0	1	0	1	1	1	0	1	12	0	0	0	22
71-75 years old	0	0	1	2	0	0	0	0	0	0	0	0	5	0	1	0	9
76-80 years old	0	0	0	2	0	0	0	0	0	0	0	0	4	0	1	0	7
81-85 years old	0	0	0	3	0	0	0	0	0	0	0	0	1	0	0	0	4
86-90 years old	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1
Total	1	1	5	18	1	1	1	2	1	2	1	2	47	2	3	1	89

Table 7

Count	Have you changed the way you eat due to illness or medical condition		Total
	yes	no	
Age <60	4	4	8
61-65 years old	23	15	38
66-70 years old	18	4	22
71-75 years old	7	2	9
76-80 years old	7	0	7
81-85 years old	4	0	4
86-90 years old	1	0	1
Total	64	25	89

b

Table 9

Count	Do you eat less than 2 meals per day		Total
	yes	no	
Age <60	4	4	8
61-65 years old	25	13	38
66-70 years old	17	5	22
71-75 years old	6	3	9
76-80 years old	7	0	7
81-85 years old	2	2	4
86-90 years old	1	0	1
Total	62	27	89

j

Table 8

Count	Have you changed the way you eat due to illness or medical condition		Total
	yes	no	
Gender male	24	11	35
female	40	14	54
Total	64	25	89

3

Table 10

Count	Do you eat less than 2 meals per day		Total
	yes	no	
Gender male	24	11	35
female	38	16	54
Total	62	27	89

Table 11

Count	Do you eat few fruits or vegetables		Total
	yes	no	
Age <60	6	2	8
61-65 years old	33	5	38
66-70 years old	19	3	22
71-75 years old	8	1	9
76-80 years old	7	0	7
81-85 years old	3	1	4
86-90 years old	1	0	1
Total	77	12	89

ib

Table 12

Count	Do you eat few fruits or vegetables		Total
	yes	no	
Gender male	29	6	35
female	48	6	54
Total	77	12	89

ນໍາອີງການລາວ-ອາເມຣິກາ, ການສໍາຮວດສະຖິຕິ ກ່ຽວກັບສະພາບການຮັບປະທານອາຫານຂອງຜູ້ສູງອາຍຸ ໄດ້ສແດງໃຫ້ເຫັນວ່າພວກເຂົາເຈົ້າໄດ້ປຽນ ວິທີ ການການຮັບປະທານອາຫານ ດ້ວຍເງື່ອນໄຂສະພາບ ທາງດ້ານການເຈັບປ່ວຍ ແລະທາງດ້ານການແພດ (1)*** 71% ຕໍ່ 29% (Table 7) ແລະສ່ວນຫຼວງຫຼາຍແມ່ນຜູ້ຍິງຊຶ່ງມີຮອດເຖິງ 94% (Table 8). ເຊັ່ນດຽວກັນ ກັບຄໍາຖາມ (2)(3)(4)(7)(8) ແລະ (9), ຈາກ ຕາຕະລາງທີ່ Table 9, Table 10, Table 11, Table 12, Table 13, Table 14, Table 19, Table 20, Table 21, Table 22, Table 25 ແລະ Table 26 ກໍມີແນວໂນ້ມໄປໃນລັກສະນະດຽວກັນ. ການຕອບວ່າ YES ມີ 69.7%; 86.5%; 78.7%; 75.3%; 96.6% ແລະ 58.4% ຕາມລຳດັບ.

Questions*:** (1) Have you changed the way you eat due to illness or medical condition? (2) Do you eat less than 2 meals per day? (3) Do you eat few fruits or vegetables? (4) Do you drink few milk products? (5) Do you have 3 or more drinks of beer, liquor, or wine almost every day? (6) Do you have tooth or mouth problems that make it hard to eat? (7) Are there times where you don't have enough money to buy the food you need? (8) Do you eat alone most of time? (9) Do you take 3 or more prescribed or over-the-counter drugs each day? (10) Have you lost or gained 10 pounds in the last 6 months without wanting to? (11) Are there times when you are not physically able to shop, cook or feed yourself?

Count Table 13

		Do you drinks few milk products		Total
		yes	no	
Age	<60	7	1	8
	61-65 years old	28	10	38
	66-70 years old	17	5	22
	71-75 years old	8	1	9
	76-80 years old	7	0	7
	81-85 years old	2	2	4
	86-90 years old	1	0	1
Total		70	19	89

ກົງກັນຂ້າມການຕອບວ່າ YES ຕໍ່ຄໍາຖາມ (5)(6)(10) ແລະ (11) ໃນຕາຕະລາງທີ Table 15, Table 16, Table 17, Table 18, Table 23, Table 24, Table 27 ແລະ Table 28 ມີ ພຽງ 5.6%; 40.4%; 15.7% ແລະ 13.5% ຕາມລຳດັບ. ແລະສ່ວນຫຼວງຫຼາຍກໍແມ່ນເພດຍິງ ທີ່ໃຫ້ຄໍາຕອບ ໄປໃນທິດທາງລົບຕໍ່ບັນດາຄໍາຖາມດັ່ງກ່າວ.

Count Table 14

		Do you drinks few milk products		Total
		yes	no	
Gender	male	27	8	35
	female	43	11	54
Total		70	19	89

ຜູ້ສູງອາຍຸ ທີ່ໄດ້ມາຮັບປະທານອາຫານນໍາໂຄງການ ສ່ວນ ຫຼວງຫຼາຍປະຕິເສດຕໍ່ການດື່ມນໍ້າມັນເມັກ ເປັນຕົ້ນເຜົາ, ເບີຽ, ເຜົາອະງຸ່ນ ໃນແຕ່ລະມື້ ທີ່ມີຈໍານວນຮອດເຖິງ 94.4% (Table 15; Table 16) ຂອງຈໍານວນຄົນທີ່ໄດ້ຮັບ ການສໍາຮອດ ແລະກາຍກ່ວາເຄິງ ທີ່ບໍ່ໄດ້ມີບັນຫາທາງດ້ານ ແຂ້ວ ຫຼື ປາກ ທີ່ຈະສ້າງ ຄວາມຫຼັງຍາກ ແກ່ພວກເຂົາ ເຈົ້າ ໃນການຮັບປະທານອາຫານ (Table 17; Table 18)

Count Table 15

		Do you have 3 or more drinks of beer, liquor, or wine almost every day		Total
		yes	no	
Age	<60	0	8	8
	61-65 years old	2	36	38
	66-70 years old	1	21	22
	71-75 years old	1	8	9
	76-80 years old	0	7	7
	81-85 years old	1	3	4
	86-90 years old	0	1	1
Total		5	84	89

Count Table 17

		Do you have tooth or mouth problems that make it hard to eat		Total
		yes	no	
Age	<60	3	5	8
	61-65 years old	12	26	38
	66-70 years old	9	13	22
	71-75 years old	4	5	9
	76-80 years old	5	2	7
	81-85 years old	4	0	4
	86-90 years old	1	0	1
Total		38	51	89

Count Table 16

		Do you have 3 or more drinks of beer, liquor, or wine almost every day		Total
		yes	no	
Gender	male	3	32	35
	female	2	52	54
Total		5	84	89

Count Table 18

		Do you have tooth or mouth problems that make it hard to eat		Total
		yes	no	
Gender	male	13	22	35
	female	25	29	54
Total		38	51	89

ແລະນໍ້າຫນັກຂອງພວກເຂົາເຈົ້າ ກໍບໍ່ໄດ້ມີການປຽນແປງ ເພີ່ມຂຶ້ນ ຫຼືລົດລົງ ໃນຊ່ວງເວລາ 3 ເດືອນທີ່ຜ່ານມາ.(Table 23; Table 24).

ກ່ຽວກັບການວິເຄາະທາງດ້ານສະຫະສັນພັນ, ຈາກຕົວເລກຂອງການສໍາຮອດຕົວຈິງ (Table 29; Schema 1) ຊຶ່ງໃຫ້ເຫັນ ວ່າ ໄດ້ເກີດມີສະຫະສັນພັນຮະຫວ່າງປັດຈຸບັນຕ່າງໆ ທີ່ສາມາດຍືນຍັນໄດ້ທາງດ້ານສະຖິຕິ.

Count Table 19

	Are there times when you don't have enough money to buy the food you need		Total
	yes	no	
Age <60	7	1	8
61-65 years old	28	10	38
66-70 years old	15	7	22
71-75 years old	7	2	9
76-80 years old	5	2	7
81-85 years old	4	0	4
86-90 years old	1	0	1
Total	67	22	89

Count Table 21

		Do you eat alone most of time		Total
		yes	no	
Age <60		4	4	8
61-65 years old		23	15	38
66-70 years old		12	10	22
71-75 years old		7	2	9
76-80 years old		5	2	7
81-85 years old		4	0	4
86-90 years old		1	0	1
Total		56	33	89

Count Table 20

	Are there times when you don't have enough money to buy the food you need		Total
	yes	no	
Gender male	22	13	35
female	45	9	54
Total	67	22	89

Count Table 22

		Do you eat alone most of time		Total
		yes	no	
Gender male		18	17	35
female		38	16	54
Total		56	33	89

Count Table 23

	Have you lost or gained 10 pounds in the last six months without wanting to		Total
	yes	no	
Age <60	1	7	8
61-65 years old	3	35	38
66-70 years old	5	17	22
71-75 years old	0	9	9
76-80 years old	3	4	7
81-85 years old	2	2	4
86-90 years old	0	1	1
Total	14	75	89

Count Table 25

		Do you take 3 or more prescribed or over-the-counter drugs each day		Total
		yes	no	
Age <60		6	2	8
61-65 years old		17	21	38
66-70 years old		14	8	22
71-75 years old		5	4	9
76-80 years old		7	0	7
81-85 years old		2	2	4
86-90 years old		1	0	1
Total		52	37	89

Count Table 24

	Have you lost or gained 10 pounds in the last six months without wanting to		Total
	yes	no	
Gender male	4	31	35
female	10	44	54
Total	14	75	89

Count Table 26

		Do you take 3 or more prescribed or over-the-counter drugs each day		Total
		yes	no	
Gender male		21	14	35
female		31	23	54
Total		52	37	89

English Version

Lao Advancement Organization of America (LAO America) has conducted a small survey during the time of registering clients (Elders) whom participated in the VOA- Congregate Meals Program from January 2011. Regarding the structure of Clients, a majority of the samples (participants) lived in

Count Table 27

		Are there times when you are not physically able to shop, cook or feed yourself		Total
		yes	no	
Age	<60	2	6	8
	61-65 years old	7	31	38
	66-70 years old	3	19	22
	71-75 years old	1	8	9
	76-80 years old	0	7	7
	81-85 years old	0	4	4
	86-90 years old	0	1	1
Total		13	76	89

high populated areas of Minneapolis received low income under \$903/month (Living Alone) and under \$1,212/month (living with family) (Table 2; Table 3) and are receiving public assistance. Of the 89 samples (Method Answering the Questions) there were 54 Females and 35 males for age 59 to 90 years old (Table 5).

The purpose of the LAO America statistical Survey was to focus an analyses structure of clients and some Critical Risks Factors correlated to healthy lifestyles in the Lao Elders.

Count Table 28

		Are there times when you are not physically able to shop, cook or feed yourself		Total
		yes	no	
Gender	male	3	32	35
	female	10	44	54
Total		13	76	89

In general, the results of this survey showed that 60.7% of participants were females and 39.3% were males (Table 5) . Mostly they lived in Minneapolis, Brooklyn Park and Brooklyn Center with 52.8%, 20.2% and 5.6% respectively (Table 6).

Based on a Descriptive Analysis most of the participants are the elders 61 to 75 years old (Table 3, Table 5).

The participants mostly answer " YES" to the questions*** (1) (2) (3) (4) (7) (8) and (9). with 69.7%, 86.5%, 78.7%, 75.3% 96.6% and 58.4% respectively (Table 7; Table 9, Table 10, Table 11, Table 12, Table 13, Table 14, Table 19, Table 20, Table 21, Table 22, Table 25 and Table 26). The statistics, regarding liquor consumption, are very low, only 5 out of 89 drink more than 3 servings of alcohol every day. Same tend as the non cited before questions.

According to the Correlation analysis, show the significant with 95% Correlations between many factors (Table 29, Schema 1).

Table 29

Correlations

		Age	Gender	My monthly income	Have you changed the way you eat due to illness or medical condition	Do you eat less than 2 meals per day	Do you eat few fruits or vegetables	Do you drink few milk products	Do you have 3 or more drinks of beer, liquor, or wine almost every day	Do you have tooth or mouth problems that make it hard to eat	Are there times when you don't have enough money to buy the food you need	Do you eat alone most of time	Do you take 3 or more prescribed or over-the-counter drugs each day	Have you lost or gained 10 pounds in the last six months without wanting to	Are there times when you are not physically able to shop, cook or feed yourself
Age	Pearson Correlation	1													
	Sig. (2-tailed)														
	Sum of Squares and Cross-products	156.472	-5.899	-48.584	-16.787	-7.449	-2.978	-1.798	-2.843	-18.404	-2.292	-11.438	-8.764	-9.360	7.809
	Covariance	1.778	-.067	-.552	-.191	-.085	-.034	-.020	-.032	-.209	-.026	-.130	-.100	-.106	.089
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Gender	Pearson Correlation	-.102	1												
	Sig. (2-tailed)	.340													
	Sum of Squares and Cross-products	-5.899	21.236	-6.697	-1.169	-.382	-1.281	-.528	1.034	-1.944	-4.348	-4.022	5.51	-1.506	-2.112
	Covariance	-.067	.241	-.076	-.013	-.004	-.015	-.006	.012	-.022	-.049	-.046	.006	-.017	-.024
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
My monthly income	Pearson Correlation	-.317**	-.117	1											
	Sig. (2-tailed)	.003	.275												
	Sum of Squares and Cross-products	-48.584	-6.697	154.247	19.640	14.652	14.067	2.607	-1.528	2.787	1.124	19.685	1.708	2.921	-8.573
	Covariance	-.552	-.076	1.753	.223	.166	.160	.030	-.017	.032	.013	.224	.019	.033	-.109
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Have you changed the way you eat due to illness or medical condition	Pearson Correlation	-.317**	-.060	.373**	1										
	Sig. (2-tailed)	.003	.578	.000											
	Sum of Squares and Cross-products	-16.787	-1.169	19.640	17.978	12.416	4.629	6.663	-2.596	3.674	5.820	7.730	7.607	2.933	-2.348
	Covariance	-.191	-.013	.223	.204	.141	.053	.076	-.029	.042	.066	.088	.086	.033	-.027
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you eat less than 2 meals per day	Pearson Correlation	-.137	-.019	.272**	.675**	1									
	Sig. (2-tailed)	.199	.859	.010	.000										
	Sum of Squares and Cross-products	-7.449	-.382	14.652	12.416	18.809	7.360	10.236	-3.483	-2.472	6.326	7.989	8.775	2.247	-2.056
	Covariance	-.085	-.004	.166	.141	.214	.084	.116	-.040	-.028	.072	.091	.100	.026	-.023
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you eat few fruits or vegetables	Pearson Correlation	-.074	-.086	.352**	.339**	.527**	1								
	Sig. (2-tailed)	.491	.421	.001	.001	.000									
	Sum of Squares and Cross-products	-2.978	-1.281	14.067	4.629	7.360	10.382	6.438	6.74	-2.876	.034	6.551	2.011	-.112	-1.247
	Covariance	-.034	-.015	.160	.053	.084	.118	.073	.008	-.033	.000	.074	.023	-.001	-.014
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you drink few milk products	Pearson Correlation	-.037	-.030	.054	.407**	.611**	.517**	1							
	Sig. (2-tailed)	.729	.783	.613	.000	.000	.000								
	Sum of Squares and Cross-products	-1.798	-.528	2.607	6.663	10.236	6.438	14.944	-9.33	-2.888	2.303	4.955	6.101	.989	-3.225
	Covariance	-.020	-.006	.030	.076	.116	.073	.170	-.011	-.033	.026	.056	.069	.011	-.037
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you have 3 or more drinks of beer, liquor, or wine almost every day	Pearson Correlation	-.105	-.103	-.057	-.282**	-.370**	-.096	-.111	1						
	Sig. (2-tailed)	.329	.336	.598	.007	.000	.369	.300							
	Sum of Squares and Cross-products	-2.843	1.034	-1.528	-2.596	-3.483	.674	-9.33	4.719	-1.135	-2.764	-2.146	-1.921	-.787	-1.730
	Covariance	-.032	.012	-.017	-.029	-.040	.008	-.011	.054	-.013	-.031	-.024	-.022	-.009	-.008
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you have tooth or mouth problems that make it hard to eat	Pearson Correlation	-.315**	-.090	.048	.186	-.122	-.191	-.160	-.112	1					
	Sig. (2-tailed)	.003	.400	.655	.081	.254	.073	.134	.296						
	Sum of Squares and Cross-products	-18.404	-1.944	2.787	3.674	-2.472	-2.876	-2.888	-1.135	21.775	2.393	.090	-1.202	6.022	-.551
	Covariance	-.209	-.022	.032	.042	-.028	-.033	-.033	-.013	.247	.027	.001	-.014	.068	-.006
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Are there times when you don't have enough money to buy the food you need	Pearson Correlation	-.045	-.232**	.022	.337**	.358**	.003	.146	-.313**	.126	1				
	Sig. (2-tailed)	.675	.029	.836	.001	.001	.981	.171	.003	.239	.000				
	Sum of Squares and Cross-products	-2.292	-4.348	1.124	5.820	6.326	.034	2.303	-2.764	2.393	16.562	7.843	1.854	-2.539	1.213
	Covariance	-.026	-.049	.013	.066	.072	.000	.026	-.031	.027	.188	.089	.021	-.029	.014
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you eat alone most of time	Pearson Correlation	-.201	-.192	.348**	.400**	.404**	.446**	.281**	-.217**	.004	.423**	1			
	Sig. (2-tailed)	.059	.072	.001	.000	.000	.000	.008	.041	.969	.000				
	Sum of Squares and Cross-products	-11.438	-4.022	19.685	7.730	7.989	6.551	4.955	-2.146	.090	7.843	20.764	5.281	-.809	-3.180
	Covariance	-.130	-.046	.224	.088	.091	.074	.056	-.024	.001	.089	.236	.060	-.009	-.036
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Do you take 3 or more prescribed or over-the-counter drugs each day	Pearson Correlation	-.151	.026	.030	.386**	.435**	.134	.339**	-.190	-.055	.098	.249*	1		
	Sig. (2-tailed)	.159	.811	.783	.000	.000	.210	.001	.074	.606	.361	.018			
	Sum of Squares and Cross-products	-8.764	.551	1.708	7.607	8.775	2.011	6.101	-1.821	-1.202	1.854	5.281	21.618	2.820	-3.696
	Covariance	-.100	.006	.019	.086	.100	.023	.069	-.022	-.014	.021	.060	.246	.032	-.041
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Have you lost or gained 10 pounds in the last six months without wanting to	Pearson Correlation	-.218*	-.095	.068	.201	.151	-.010	-.074	-.105	.376**	-.182	-.052	.177	1	
	Sig. (2-tailed)	.040	.375	.524	.058	.158	.925	.488	.326	.000	.088	.830	.098		
	Sum of Squares and Cross-products	-9.360	-1.506	2.921	2.933	2.247	-.112	.989	-.787	6.022	-2.539	-.809	2.820	11.798	-2.045
	Covariance	-.106	-.017	.033	.033	.026	-.001	.011	-.009	.068	-.029	-.009	.032	.134	-.023
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89
Are there times when you are not physically able to shop, cook or feed yourself	Pearson Correlation	.187	-.138	-.231**	-.166	-.142	-.116	-.250**	-.101	-.035	.089	-.208*	-.232*	-.179	1
	Sig. (2-tailed)	.079	.199	.029	.119	.183	.278	.018	.347	.742	.404	.049	.029	.084	
	Sum of Squares and Cross-products	7.809	-2.112	-9.573	-2.348	-2.056	-1.247	-3.225	-1.730	-5.51	1.213	-3.180	-3.596	-2.045	11.101
	Covariance	.089	-.024	-.109	-.027	-.023	-.014	-.037	-.008	-.006	.014	-.036	-.041	-.023	.126
	N	89	89	89	89	89	89	89	89	89	89	89	89	89	89

** Correlation is significant at the 0.01 level (2-tailed).

* Correlation is significant at the 0.05 level (2-tailed).

Descriptive Statistics

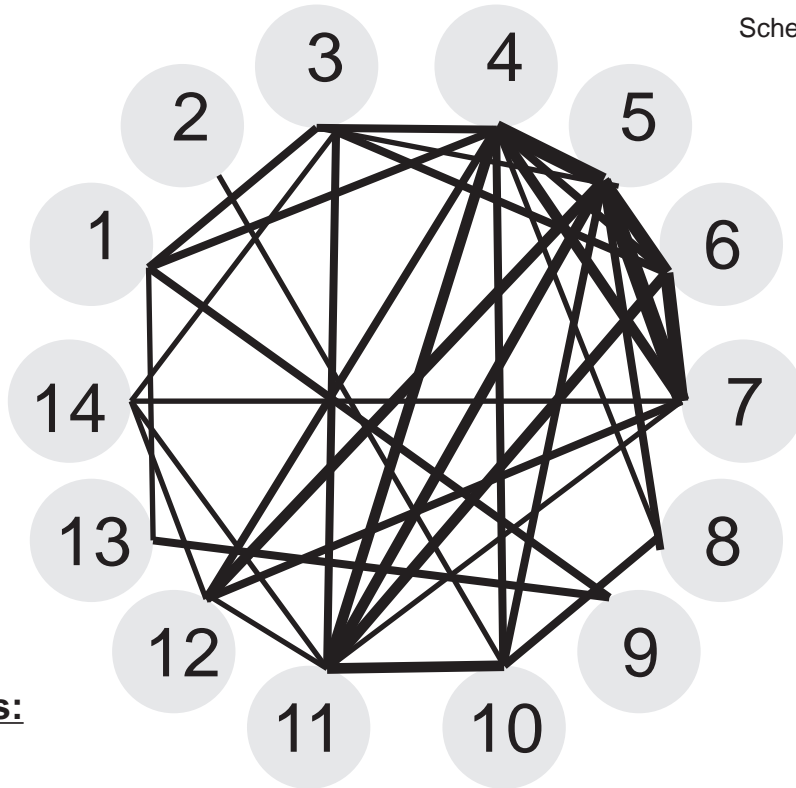
Table 30

	N	Minimum	Maximum	Sum	Mean		Std. Deviation	Variance
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic	Statistic
Age	89	1.00	7.00	252.00	2.8315	.14135	1.33345	1.778
My monthly income	89	1.00	5.00	133.00	1.4944	.14034	1.32394	1.753
Have you changed the way you eat due to illness or medical condition	89	1.00	2.00	114.00	1.2809	.04791	.45198	.204
Do you eat less than 2 meals per day	89	1.00	2.00	116.00	1.3034	.04901	.46232	.214
Do you eat few fruits or vegetables	89	1.00	2.00	101.00	1.1348	.03641	.34348	.118
Do you drink few milk products	89	1.00	2.00	108.00	1.2135	.04368	.41209	.170
Do you have 3 or more drinks of beer, liquor, or wine almost every day	89	1.00	2.00	173.00	1.9438	.02455	.23157	.054
Do you have tooth or mouth problems that make it hard to eat	89	1.00	2.00	140.00	1.5730	.05273	.49744	.247
Are there times when you don't have enough money to buy the food you need	89	1.00	2.00	111.00	1.2472	.04599	.43382	.188
Do you eat alone most of the time	89	1.00	2.00	122.00	1.3708	.05149	.48575	.236
Do you take 3 or more prescribed or over-the-counter drugs each day	89	1.00	2.00	126.00	1.4157	.05254	.49564	.246
Have you lost or gained 10 pounds in the last six months without wanting to	89	1.0	2.0	164.0	1.843	.0388	.3661	.134
Are there times when you are not physically able to shop, cook or feed yourself	89	1.00	2.00	165.00	1.8539	.03765	.35517	.126
Valid N (listwise)	89							

Correlation Structure

ໂຄງສ້າງສະຫະສັນພັນ

Schema 1



ຄໍາຖາມ Questions:

- (1) Age ອາຍຸ
- (2) Gender ເພດ
- (3) Monthly Income ລາຍຮັບປະຈໍາເດືອນ
- (4) Have you changed the way you eat due to illness or medical condition? ທ່ານໄດ້ປ່ຽນວິທີການ ການຮັບປະທານອາຫານ ຈາກການເຈັບປ່ວຍ ຫຼືເງື່ອນໄຂທາງດ້ານການແພດ ຫຼືບໍ່?
- (5) Do you eat less than 2 meals per day? ທ່ານຮັບປະທານອາຫານ ຫນ້ອຍກວ່າ 2 ຄາບຕໍ່ມື້ບໍ່?
- (6) Do you eat few fruits or vegetables? ທ່ານໄດ້ຮັບປະທານຫມາກໄມ້ ແລະພືດຜັກໃນຈໍານວນຫນ້ອຍບໍ່?
- (7) Do you drink few milk products? ທ່ານໄດ້ດື່ມຜລິດພັນທີ່ເຮັດດ້ວຍນົມ ໃນຈໍານວນຫນ້ອຍບໍ່?
- (8) Do you have 3 or more drinks of beer, liquor, or wine almost every day? ທ່ານໄດ້ດື່ມເບ້ຽ, ເຫຼົ້າ, ເຫຼົ້າອະງຸ່ນ 3 ເທືອ ຫຼືຫຼາຍກວ່າ ເກືອບທຸກໆມື້ບໍ່?
- (9) Do you have tooth or mouth problems that make it hard to eat? ທ່ານມີບັນຫາທາງດ້ານ ແຂ້ວ ຫຼືປາກບໍ່ຊຶ່ງ ເຮັດໃຫ້ ທ່ານມີຄວາມຫຍຸ້ງຍາກໃນການຮັບປະທານອາຫານ?
- (10) Are there times where you don't have enough money to buy the food you need? ມັນແມ່ນເວລາ ທີ່ທ່ານບໍ່ມີເງິນ ພຽງພໍ ທີ່ຈະຊື້ອາຫານຕາມທີ່ທ່ານຕ້ອງການ ຫຼືບໍ່?
- (11) Do you eat alone most of time? ທ່ານຮັບປະທານອາຫານພຽງຜູ້ດຽວ ໃນສ່ວນຫຼາຍຂອງເວລາບໍ່?
- (12) Do you take 3 or more prescribed or over-the-counter drugs each day? ທ່ານນໍາໃຊ້ຢາປົວພະຍາດ 3 ຊຸນິດ ຫຼືຫຼາຍ ກວ່າຕາມທີ່ກໍານົດໃນແຕ່ລະວັນບໍ່?
- (13) Have you lost or gained 10 pounds in the last 6 months without wanting to? ພາຍໃນ 6 ເດືອນທີ່ຜ່ານມາ, ນ້ຳໜັກ ຂອງທ່ານເພີ່ມຂຶ້ນ ຫຼືລົດລົງ 10 ພາວ ຫຼືບໍ່?
- (14) Are there times when you are not physically able to shop, cook or feed yourself? ມັນເປັນເວລາທີ່ທ່ານບໍ່ອາດສາ ມາດໄປຕຳລາດ, ແຕ່ງອາຫານ ແລະຮັບປະທານອາຫານໄດ້ດ້ວຍຕົນເອງແມ່ນບໍ່?